

CLINICAL SPECIALITY- I

COMMUNITY HEALTH NURSING

Placement : 1st Year

Hours of Instructions
Theory 150 hours
Practical 650 hours
Total 800 hours

Course Description

The course is designed to assist students in developing expertise and in-depth understanding in the field of Community Health Nursing. It would help students to appreciate holistic life style of individuals, families & groups and develop skills to function as Community Health Nurse specialist/practitioner. It would further enable student to function as an educator, manager and researcher in the field of Community Health nursing.

Objectives

At the end of the course, the student will be able to:

1. Appreciate the history and development in the field of Community Health and Community Health Nursing.
2. Appreciate role of individuals and families in promoting health of the Community.
3. Perform physical, developmental and nutritional assessment of individuals, families and groups.
4. Apply the concepts of promotive, preventive, curative and rehabilitative aspects of health while providing care to the people.
5. Apply nursing process approach while providing care to individuals, families, groups and community.
6. Integrate the concepts of family centered nursing approach while providing care to the community.
7. Recognize and participate in the management of emergencies, epidemics and disasters.
8. Apply recent technologies and care modalities while delivering community health nursing care.
9. Appreciate legal and ethical issues pertaining to community health nursing care.
10. Conduct community health nursing care projects.
11. Participate in planning, implementation and evaluation of various national health and family welfare programmes at local, state and the national level.
12. Incorporate evidence based nursing practice and identify the areas of research in the community settings.

13. Participate effectively as a member of Community Health team.
14. Coordinate and collaborate with various agencies operating in the community by using inter-sectoral approach.
15. Teach community health nursing to undergraduates, in-service nurses and the community health workers.
16. Demonstrate leadership and managerial abilities in community health nursing practice

Course Content

Unit	Hours	Content
I	10	Introduction <ul style="list-style-type: none"> □ Historical development of Community Health and Community health Nursing- World and India, various health and family welfare committees □ Current status, trends and challenges of Community Health Nursing □ Health status of the Community-community diagnosis □ Scope of Community health Nursing practice □ Ethical and legal issues □ Socio-cultural issues in Community health Nursing □ National Policies, plans and programmes <ul style="list-style-type: none"> • National health policy • National Population policy • National Health and welfare Programmes • National Health goals/ indicators/ Millennium developmental goals(MDG)/ Strategies • Planning process: Five year plans • National Rural Health Mission • Panchayat raj institutions
II	10	Health <ul style="list-style-type: none"> □ Concepts, issues □ Determinants □ Measurements □ Alternate systems for health promotion and management of health problems □ Health economics □ Health technology □ Genetics and health □ Waste disposal □ Eco system
III	15	Population dynamics and control <ul style="list-style-type: none"> □ Demography □ Transition and theories of population □ National population policy □ National population programmes □ Population control and related programmes □ Methods of family limiting and spacing □ Research, Census, National Family Health Survey

Unit	Hours	Content
IV	30	<p>Community health Nursing</p> <ul style="list-style-type: none"> □ Philosophy, Aims, Objectives, Concepts, Scope, Principles, Functions □ Community health Nursing theories and models □ Quality assurance: Community health Nursing standards, competencies, Monitoring community health nursing, nursing audits □ Family nursing and Family centered nursing approach □ Family health nursing process <ul style="list-style-type: none"> ○ Family health assessment ○ Diagnosis ○ Planning ○ Intervention ○ Evaluation □ Nursing care for special groups: children, adolescents, adults, women, elderly, physically and mentally challenged- Urban and rural population at large □ Community nutrition □ Concept, role and responsibilities of community health Nurse practitioners/nurse midwifery practitioners-decision making skills, professionalism, legal issues
V	45	<p>Maternal and neonatal care</p> <ul style="list-style-type: none"> □ IMNCI(Integrated Management of Neonatal And Childhood Illnesses) module □ Skilled Birth Attendant (SBA) module
VI	15	<ul style="list-style-type: none"> □ Disaster nursing (INC module on Reaching out: Nursing Care in emergencies)
VII	10	<p>Information, education and communication</p> <ul style="list-style-type: none"> □ IEC/BCC: Principles and strategies □ Communication Skills □ Management information and evaluation system: Records and reports □ Information technology □ Tele-medicine and tele-nursing □ Journalism □ Mass media □ Folk media
VIII	15	<p>Health care delivery system: Urban, rural, tribal and difficult areas</p> <ul style="list-style-type: none"> □ Health organization: National, State, District, CHC, PHC, Sub Centre, Village - Functions, Staffing, pattern of assistance, layout, drugs, equipments and supplies, Roles and Responsibilities of DPHNO □ Critical review of functioning of various levels, evaluation studies, recommendations and nursing perspectives □ Alternative systems of medicine □ Training and supervision of health workers

Unit	Hours	Content
		<ul style="list-style-type: none">□ Health agencies: NGO's, Roles and functions□ Inter-sectoral coordination□ Public private partnership□ Challenges of health care delivery system

Practical

Total = 660 Hours
1 Week = 30 Hours

S.No.	Deptt./Unit	No. of Week	Total Hours
1	Sub-centre, PHC, CHC	12	360 Hours
2	District family welfare bureau	1	30 Hours
3	Urban centers	6	180 Hours
4	Field visits	3	90 Hours
	Total	22 Weeks	660 Hours

Student Activities

- Identification of community leaders and resource persons (community mapping)
- Community health survey
- Community health nursing process- individual, family and special groups and community
- Counseling
- Health education – campaign, exhibition, folk media, preparation of IEC materials
- Organising and participating in special clinics/camps and national health and welfare programmes-Organise atleast one health and family welfare mela/fair (all stalls of national health and family welfare activities should be included)
- Estimation of Vital health statistics -Exercise
- Drill for disaster preparedness
- Organise atleast one in-service education to ANM's/LHV/PHN/HW
- Nutrition – Exercise on nutritional assessment on dietary planning, demonstration and education for various age groups
- Filling up of Records, reports and registers maintained at SC/PHC/CHC
- Assist women in self breast examination
- Conduct antenatal examination
- Conduct vaginal examination
- Conduct deliveries
- Post natal visits
- Perform Episiotomy and suturing
- Prepare Pap smear
- Conduct Insertion/Removal of IUD
- Blood Slide preparation
- Field visits
- Maintenance of log book for various activities